

ATAXIA

'Ataxia' means '**absence of order**'. People with ataxia have problems of co-ordination. This is because parts of the nervous system that normally control co-ordination and balance are affected. Ataxia is the principal symptom of a group of neurological disorders called the cerebellar ataxias. Most are progressive.

Ataxia may also be a symptom of other conditions such as multiple sclerosis or cerebral palsy.

Ataxia UK will provide help to all people affected by ataxia, but focuses on the cerebellar ataxias. There are other organisations providing support where ataxia is a part of multiple sclerosis, cerebral palsy or other conditions.

There are many different types of **cerebellar ataxia**. Some are inherited. The most common is **Friedreich's ataxia**.

ATAXIA UK

Helpline: 0845 644 0606
Office: 020 7582 1444

Their helpline is run by trained and compassionate professionals, operates **9am – 5pm every weekday**

9 Winchester House
Kennington Park
Cranmer Road
London SW9 6EJ
Website: <http://www.ataxia.org.uk/>

ATAXIA FORUM

An internet forum for people living with **ataxia** and how to managing their conditions. Support and discussion for carers of people with Cerebella **Ataxia**
Website: <http://ataxiaforums.co.uk/>

No responsibility is accepted for the level of service provided by the organisations listed in this publication.
All details are correct at time of publication. However, if you find any information is inaccurate or out-of-date, please call us.