



## **LESBIANS, GAY MEN, BISEXUALS, AND TRANS-GENDER DISABLED ISSUES (LGBT)**

**REGARD** (The National Organisation of Disabled Lesbians, Gay Men, Bisexuals, and Trans-gender People)  
**Fax: 08444 431277**

REGARD was founded in 1989 to address the absence of information and lack of understanding about the reality of disabled lesbians and gay men working within the disability movement.

BM REGARD, London WC1N 3XX

**Email:** [secretary@regard.org.uk](mailto:secretary@regard.org.uk)

**Website:** [www.regard.org.uk](http://www.regard.org.uk)

### **LLGBC**

**Telephone: 0116 254 7412**

**Helpline: 0116 255 0667**

Supporting Lesbian, Gay, Bisexual and Transgender people in Leicester, Leicestershire and Rutland

15 Wellington Street, Leicester LE1 6HH

**Email:** [info@llgbc.com](mailto:info@llgbc.com)

**Website:** [www.llgbc.com](http://www.llgbc.com)

### **LESBIAN & GAY SWITCHBOARD WEST MIDLANDS**

**Telephone: 0845 257 8255**

Open evening's 7pm to 10pm. A confidential helpline offering information, support and a listening ear for lesbians & gay men. There is a recorded information line available at all other times.

### **NOTTINGHAM LESBIAN & GAY SWITCHBOARD**

**Telephone: 0115 934 8485**

**Telephone: 01623 621515**

Open evening's 7pm to 10pm. A confidential helpline offering information, support and a listening ear for lesbians & gay men.

NLGS, 7 Mansfield Road, Nottingham NG1 3FB

**Email:** [notts@lgswitchboard.fsnet.co.uk](mailto:notts@lgswitchboard.fsnet.co.uk)

**Website:** [www.nottslgs.btik.com](http://www.nottslgs.btik.com)

### **LGBT NETWORK, STOKE ON TRENT & NORTH STAFFS**

**Telephone: 01782 266998**

Open Monday, Wednesday & Fridays. A confidential helpline offering information, support and a listening ear.

**Website:** [www.gaystoke.org.uk](http://www.gaystoke.org.uk)

in Connect Wyre Forest  
10-12 Blackwell Street  
Kidderminster  
DY10 2DP

Telephone: 01562 60241 (Business Line)

Telephone: 0800 970 7202 (Helpline)

Fax & Minicom: 01562 68248

Email: [info@nwdial.org.uk](mailto:info@nwdial.org.uk)

Website: [www.nwdial.org.uk](http://www.nwdial.org.uk)



**GAYLIFE NORTH STAFFORDSHIRE****Telephone: 01782 425969**

Confidential sexual health information, referral and support service for gay people living in North Staffordshire.

**Email:** [info@gaylifenorthstaffordshire.co.uk](mailto:info@gaylifenorthstaffordshire.co.uk)**Website:** [www.gaylifenorthstaffordshire.co.uk](http://www.gaylifenorthstaffordshire.co.uk)**COVENTRY & WARWICKSHIRE FRIEND****Telephone: 02476 714199**

Open evenings 7.30pm to 9.30pm Monday to Friday. A confidential helpline offering information, advice and support.

Coventry & Warwickshire Friend, PO Box 8, Coventry CV1 3ZT

**Email:** [admin@cwfriend.co.uk](mailto:admin@cwfriend.co.uk)**Website:** [www.cwfriend.co.uk](http://www.cwfriend.co.uk)**GAY-GLOS (Supporting LGBT people, family and friends)****Helpline: 01452 306800**

Open evenings 7.30pm to 10.00pm Monday to Friday. A confidential helpline offering information, advice and support.

GAY-GLOS, PO Box 171, Gloucester GL1 4YE

**Email:** [help@gay-glos.org](mailto:help@gay-glos.org)**Website:** [www.gay-glos.org](http://www.gay-glos.org)**GENDER MATTERS (formerly Trans Shropshire)****Telephone: 01902 744424**

Gender Matters formerly Trans Shropshire is a registered charity covering the West Midlands and all bordering regions. They are totally inclusive and provide information and support to all trans people, their family, friends and to professional organisations who wish to have more of an understanding of Gender Dysphoria or Transgender Issues.

The Mill House, 5b Bridgnorth Road, Wolverhampton WV6 8AB

**Website:** [www.gender-matters.org.uk](http://www.gender-matters.org.uk)**RAINBOW FORUM**

The website for lesbians, gay men, bisexuals, and trans-gender information in Hereford.

**Email:** [christian@rainbowforum.co.uk](mailto:christian@rainbowforum.co.uk)**Website:** [www.rainbowforum.co.uk](http://www.rainbowforum.co.uk)**THE GENDER TRUST****National Helpline: 0845 2310505**

The largest UK charity in a position to help anyone affected by gender identity issues. Publishes leaflets and guides on a wide range of topics within the field of gender identity. Training and support to organisations/companies.

The Gender Trust, Community Base, 113 Queens Road, Brighton BN1 3XG

**Email:** [info@gendertrust.org.uk](mailto:info@gendertrust.org.uk)**Website:** [www.gendertrust.org.uk](http://www.gendertrust.org.uk)

**We cannot be held responsible for the level of service provided by the organisations included in this publication.**

All details correct at time of publication, if you find that this info is inaccurate please call us.

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