

ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

ADHD (**A**ttention **D**eficit **H**yperactivity **D**isorder) is a lack of impulse controls leading to a low attention span, and hyperactivity. The disorder mainly affects children, but can also occur in adults.

ADDISS

Telephone: 020 8952 2800

The National **A**ttention **D**eficit **D**isorder **I**nformation and **S**upport **S**ervice. they provide people-friendly information and resources about Attention Deficit Hyperactivity Disorder to anyone who needs assistance - parents, sufferers, teachers or health professionals. Whatever you're looking for in ADHD, we'll do their best to help.

P O Box 340, Edgware, Middlesex HA8 9HL

Website: www.addiss.co.uk

Email: info@addiss.co.uk

WORCESTERSHIRE ADHD

Telephone: 01905 359707

This support group is based in Worcester. Details of their monthly meetings are available via the email link on their website.

PO Box 20, Worcester WR5 1YB

Website: www.freewebs.com/worcestershireadhd

ADDandADHD

ADDandADHD was formed to offer a unique reference point on comprehensive advice on adhd. There you'll find extensive information on ADHD, how to spot the symptoms, the treatments and remedies available, plus advice on the lifestyle changes you might need to make.

Their concern was that there was no single UK resource for interesting features and practical advice on this subject.

Their features and articles are written by experts - who have experience, or a particular interest in this area

Website: www.addandadhd.co.uk

THANET ADDERS ADD/ADHD SUPPORT GROUP

Telephone: 0870 9503693

Adders.org's objective is to promote awareness of Attention Deficit/Hyperactivity Disorder and to provide information and free practical help to sufferers, both adults and children, and their families in the UK and around the World via their website.

45 Vincent Close, Broadstairs, Kent CT10 2ND

Website: www.adders.org

PARENTLINE PLUS

Telephone: 0808 8002222

A Support and information helpline for parents or anyone in a supporting role.

Website: www.parentlineplus.org.uk

in Connect Wyre Forest
10-12 Blackwell Street
Kidderminster
DY10 2DP

Telephone: 01562 60241 (Business Line)

Telephone: 0800 970 7202 (Helpline)

Fax & Minicom: 01562 68248

Email: info@nwdial.org.uk

Website: www.nwdial.org.uk



Registered Charity No: 1053933

HOME-START UK

2 Salisbury Road, Leicester, Leicestershire LE1 7QR

Telephone: 0116 233 9955

Home-Start Wyre Forest

MCF Complex, 60 New Road, Kidderminster DY10 1AQ

Telephone: 01562 825896

Home-Start Worcester & Wychavon

Goodrich House, Samsome Place, Worcester WR1 1UA

Telephone: 01905 29377

Home-Start's informal and friendly support for families with young children provides a lifeline to thousands of parents and children in 340 communities across the UK and with forces families in Germany and Cyprus.

Website: www.home-start.org.uk

CONTACT A FAMILY**Office**

A group set up for the families of children with disabilities. They help families to support one another and pool skills.

Contact a Family, 209-211 City Road, London EC1V 1JN

Website: www.cafamily.org.uk

Helpline: 0808 808 3555

Telephone: 020 7608 8700

WEST MIDLANDS CONTACT A FAMILY

The Contact a Family's office for the West Midlands, cover the areas of Birmingham, Coventry, Dudley, Herefordshire, Sandwell, Shropshire, Solihull, Staffordshire, Stoke on Trent, Telford & the Wrekin, Walsall, Warwickshire, Wolverhampton, and Worcestershire

Contact a Family West Midlands, Prospect Hall, 12 College Walk, Selly Oak, Birmingham B29 6LE

Website: www.cafamily.org.uk

Telephone: 0121 4154624

ADHD UK ALLIANCE

THE ADHD UK ALLIANCE is a membership organisation for parents and families and adults who are affected by ADHD (Attention Deficit Hyperactivity Disorder). The Alliance aims to raise awareness of ADHD to ensure greater recognition and understanding of the condition. Work involves the provision of good quality information, promoting policy and good practice across the voluntary and public sector services providers' e.g. national and local government, Health, Education and Social Services. The Alliance believes that by working together parents, adults and support groups can make positive changes and increase services for people affected by ADHD.

209-211 City Road, London EC1V 1JN

Website: www.adhdalliance.org.uk

Telephone: 020 7608 8760

Fax: 020 7608 8701

We cannot be held responsible for the level of service provided by the organisations included in this publication.

All details correct at time of publication, if you find that this info is inaccurate please call us.

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