

SEXUAL AND PERSONAL RELATIONSHIPS

OUTSIDERS

Outsiders is a nationwide, self-help, community providing regular mailings, and unthreatening events where people meet up and practice socialising. Members appreciate a club where they are totally accepted, and some of the most amazing relationships have been formed.

Outsiders are for people who feel isolated because of socially and physical disabilities. The club helps them gain confidence, make new friends and find partners. We welcome people of all sexualities, whether they are single, divorced, separated or married, and we discriminate against no one. Their members appreciate a club where disability is accepted and people can relax and be themselves. The first step may be to acknowledge the person's sexuality, and offer support in asserting their right to a private life, and seeking love in a society where status normally stems from good looks and money.

The Outsiders Club

BCM Box Outsiders
London WC1N 3XX

Telephone: 020 73548291

Sex and Disability Helpline 11am to 7pm weekdays

Dr Tuppy Owens
BCM Box Lovely
London WC1N 3XX

Helpline: 0707 4993527

Website: www.outsiders.org.uk

DISCERN

Nottingham
Mansfield

Telephone: 0115 9474147

Telephone: 01623 237732

Discern offers counselling to people with physical or learning disabilities who wish to explore issues around their sexuality and personal relationships

SEX EDUCATION FORUM

Book sales

Telephone: 0207 843 1901

Telephone: 0845 458 9910

The Sex Education Forum, based at the National Children's Bureau, was founded in 1987 to promote the teaching of effective and appropriate sex education. It is an umbrella body bringing together 48 national organisations representing children, health, education, religion and parents. The Forum works together to ensure that all children receive their entitlement to sex education.

Sex Education Forum

National Children's Bureau
8 Wakley Street, London EC1V 7QE

Website: www.ncb.org.uk/sef

in Connect Wyre Forest
10-12 Blackwell Street
Kidderminster
DY10 2DP

Telephone: 01562 60241 (Business Line)

Telephone: 0800 970 7202 (Helpline)

Fax & Minicom: 01562 68248

Email: info@nwdial.org.uk

Website: www.nwdial.org.uk



Registered Charity No: 1053933

SPINAL INJURIES ASSOCIATION

Open 9.30am to 4.30pm (closed 1pm to 2pm) Monday to Friday

Spinal Injuries Association has welfare counselling services which provide counselling and advice to help solve problems, including personal and sexual ones, and put people in touch with one another. The SIA produces a range of publications about sexual issues and newsletter in which readers discuss matters regularly and fully.

SIA House

2 Trueman Place

Oldbrook,

Milton Keynes. MK6 2HH

Website: www.spinal.co.uk

Telephone: 0845 678 6633

Helpline: 0800 980 0501

BRITISH DEAF ASSOCIATION

Helpline (Wednesday 7pm-10pm)

British Deaf Association offers people with a hearing impairment information and support about sexually transmitted diseases, safer sex, sexuality and sexual relationships, pregnancy and contraception.

Textphone: 01270 250743

We cannot be held responsible for the level of service provided by the organisations included in this publication.
All details correct at time of publication, if you find that this info is inaccurate please call us.

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